

NSCA

GLOBAL CONFERENCE 10TH EDITION

23/25 OTTOBRE >> VERONA 2026



BRIDGING THE GAP BETWEEN STRENGTH & CONDITIONING AND PHYSICAL THERAPY

📍 VERONA FIERE CONVENTION CENTER, VERONA
OCTOBER 23-25, 2026



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10TH NSCA Global Conference

We have always believed that knowledge, innovation, and collaboration are essential to evolving strength & conditioning and physiotherapy into disciplines with ever greater impact — enabling enhanced athletic performance and improved well-being of athletes.

It is with this vision that we announce the 10th NSCA Global Conference a truly unique event conceived to deliver a significant opportunity for both professional growth and personal development — bringing together communities, sharing cutting-edge methodologies, and driving forward the fusion of sport performance and rehabilitation.

This conference represents a strategic opportunity to build a solid and well-structured professional community, founded on shared values, expertise, and common goals.

It will be a unique moment to create meaningful connections, encourage the exchange of ideas, and lay the foundation for initiatives that will bring tangible value to our field in the years to come.

We are confident that this event will be only the first step toward a broader and more structured collaboration — one capable of generating new opportunities for all professionals involved.

At the heart of it all, the athlete will remain our central focus, guiding every innovation, strategy, and action aimed at improving performance and safeguarding health.

Event Structure

 **Verona Convention Center** – a modern, welcoming, and easily accessible venue, designed to ensure maximum comfort and professionalism.

 **October 23–24–25, 2026** – three intensive days of learning, discussion, and inspiration

FRIDAY, OCTOBER 23, 2026

- Pre-conference event at the Payanini Center (Via S. Marco, 114, 37138 Verona, Italy).

SATURDAY, OCTOBER 24 – SUNDAY, OCTOBER 25, 2026

- Full conference days featuring plenary sessions with leading experts in the field, alongside scientific panels and hands-on practical sessions.

Pre-Conference event

 **Payanini Center**

 **Friday, October 23, 2026**

Instructors: Antonio Squillante, Jean-Benoit Morin, Luca Maestroni, Anthony Turner

Training and Event Information

The pre-conference event offers a full day of advanced training focused on modern methods for assessing and developing strength and speed.

The morning session (Squillante, Morin) will explore Velocity-Based Training and force-velocity profiling, featuring practical demonstrations and real-world case studies.

The afternoon session (Maestroni, Turner) will cover force-time profiling and its applications in performance, rehabilitation, and return-to-sport contexts.

A mix of theory and practice designed to provide immediately applicable skills for the sports environment.

Participation in the pre-conference is limited to **150 people.**

Daily Program – Conference Days

The Saturday, October 24 and Sunday, October 25 sessions will follow the same organizational format.

All lectures will take place across three main rooms within the convention center:

- **Auditorium**
- **Sala Salieri (Strength & Conditioning)**
- **Sala Vivaldi (Physiotherapy)**

Throughout the day, parallel sessions will be held in all three rooms.

The Auditorium will host presentations by internationally renowned researchers and lecturers, covering a wide range of topics.

The adjacent rooms will be dedicated to Scientific Panels, divided into four thematic areas per room, representing the key domains of strength and conditioning and physiotherapy.

For more details and to view the full program, please visit the official website and download the schedule.

Prices and Benefits

Students Ticket – €197

The Students Ticket guarantees full access to the congress days (October 24–25), offering university students the opportunity to attend all the sessions.

Recordings of the sessions are not included but can be purchased separately.

Premium Ticket – €247

The Premium Ticket includes all the benefits of the Students Ticket and also provides access to the recordings of the sessions held in the Auditorium.

Executive Ticket – €297

The Executive Ticket represents the most exclusive and comprehensive option.

It includes:

- Access to all conference days (October 24–25)
- Full recordings of all sessions (Auditorium and parallel rooms)
- Access to exclusive video content recorded by NSCA affiliates worldwide
- Reserved seat in the Auditorium
- Saturday evening apericena
- Official event T-shirt

Designed for professionals and specialists seeking a top-level educational experience, with exclusive benefits, extended content, and high-profile networking opportunities.

Additional Information

The conference is aimed at strength and conditioning coaches, physiotherapists, university students, personal trainers, and sports enthusiasts who wish to expand their skills and integrate up-to-date scientific knowledge within a multidisciplinary framework bridging athletic preparation and physiotherapy.

The event has a limited capacity (maximum of 600 participants). Attendees will be free to move between rooms, selecting the sessions most aligned with their interests for a dynamic and personalized learning experience.

Participation Options

In-person: at the Verona Fiere Convention Center (October 24–25) and, for the pre-conference, at the Payanini Center.

Online: access to recordings, if included in the purchased ticket.

Final Certificate

Recognized 2.0 NSCA CEUs.

For physiotherapists, some activities are eligible for ECM accreditation (see brochure for details).

Language

The event will be held in English, with simultaneous translation available in the Auditorium upon request. Some practical sessions will also be offered in Italian.

Conference Speakers



BOYD EPLEY

Founder of the
NSCA



**IAN
JEFFREYS**

NSCA President



**PAUL
COMFORT**

Keynote



**LUCA
MAESTRONI**

Keynote



**ANTHONY
TURNER**

Speaker



**JEAN-BENOIT
MORIN**

Speaker



**RHODRY
LLOYD**

Speaker



**NICOLA
MAFFIOLETTI**

Keynote Speaker



**MARTINO
FRANCHI**

Speaker



**ANTONIO
SQUILLANTE**

Speaker

Conference Speakers



**CARLO
BUZZICHELLI**
Speaker



**SAMUELE
MARCORA**
Speaker



**JIM
FERRIS**
Gymaware



**ALAN
MCCALL**
Speaker



**ANTONIO
PAOLI**
Speaker



**MARCO
AIRALE**
Speaker



**JOHAN
LAHTI**
Speaker



**FRANCESCO
CUZZOLIN**
Speaker



**LUCA
VERGANI**
Speaker



**MASSIMO
ZANOVELLO**
Speaker

Conference Speakers



**DAVIDE
LAMA**
Speaker



**NICHOLAS
MIRAGLIA**
Speaker



**FILIPPO
PICININI**
Speaker



**ALESSANDRO
COMPAGNIN**
Speaker



**ROBERTO
RICUPITO**
Speaker



**JACOPO
VITALE**
Speaker



**FRANCESCO
AIELLO**
Speaker



**CARLOS DEL
BARRIO**
Speaker



**ELISA
PASTORIO**
Speaker



**LUCA
FILIPAS**
Speaker

Conference Speakers



**ANDREA
MELONI**
Speaker



**LUCA
FESTA**
Speaker



**FRANCESCO
ORLANDO**
Speaker



**LISA
COSI**
Speaker



**ELENA
BETTEGA**
Speaker



**GIACOMO
RADICI**
Speaker



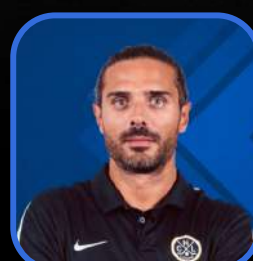
**ROMAIN
TOURILLON**
Speaker



**FEDERICO
BRISTOT**
Speaker



**LUCA
TURONE**
Speaker



**MARCO
CATTANEO**
Speaker

Conference Speakers



**ANDREA
MONTE**
Speaker



SPEAKER
Many more to
be announced

Registration Methods and Prices

Secure one of the 600 available places for the 10th NSCA Global Conference

Registration Fee

10% discount for all CSCS-certified and students, 15% discount for NSCA GC Italy members.

Standard Ticket: €197.00
Premium Ticket: €247.00
Executive Ticket: €297.00

Extras

Possibility to purchase, in addition to the price of the tickets, the official conference merchandising, the books for CSCS and CPT certifications, pre-conference event and saturday night dinner.

Sizes and shipping addresses for the manuals will be requested later via email.

Prices include VAT.

Following the payment of the ticket, an email with the confirmation will be sent.
Subsequently, all additional information about the even will be provided.